

199 Squadron Weekly Training Report

Date: Thursday, 14-Feb-19

Week No. 24

		Period 1	Period 2	Period 3
		19:00 to 19:30	19:35 to 20:05	20:20 to 20:50
Level One	PO	Personal Fitness and Healthy Living M-X04.02a-c FSgt Behnke, S Fort Rouge Leisure Centre		
	EO			
	Instructor			
	Location			
Level Two	PO			
	EO			
	Instructor			
	Location			
Level Three	PO			
	EO			
	Instructor			
	Location			
Level Four	PO			
	EO			
	Instructor			
	Location			
Level Five - A	PO			
	EO			
	Instructor			
	Location			
Level Five - B	PO			
	EO			
	Instructor			
	Location			

Evan Murray
 Capt
 Commanding Officer